

Information Bulletin #7 - May 6, 2020

About Coronavirus (COVID-19)



For friends and family of GEF Seniors Housing tenants and residents

What's new

- As per [Order 12-2020](#) of the Alberta Chief Medical Officer of Health, any resident or GEF staff with new or worsening symptoms including cough, shortness of breath, sore throat or runny nose – even if it's more consistent with a cold – must report these symptoms, and you must self-isolate and be tested for COVID-19.
- If a lodge resident goes to a hospital emergency room for any reason and for any amount of time, they must self-isolate for 14 days when they come back to the lodge. In addition to lodge residents, this applies to tenants at the combined sites of Kiwanis Place, Pleasantview Place and Sakaw Terrace.
- Every person who comes to a GEF Seniors Housing lodge or combined site must be screened at the front entrance. The screening process includes filling out an Alberta Health Services (AHS) survey and having their temperature checked. The only exception is for emergency responders like police, fire and ambulance.
- Pharmacy delivery personnel are now considered an Essential Visitor, so they will be allowed to enter a lodge – once they have completed the screening – to deliver orders to residents, as well as tenants in the combined sites. GEF will not receive and hold items delivered by pharmacies for residents and tenants not home at the time. Oxygen deliveries can also continue.
- Lodge residents and tenants at the combined sites can have outdoor visitors, but must maintain physical distance and use proper hand hygiene. As per [Order 14-2020](#) of the Alberta Chief Medical Officer of Health, outdoor visits are limited to a maximum group of three – a Designated Essential Visitor, the resident and one other person. Indoor visitors at the lodges and combined sites are still restricted to one Designated Essential Visitor per resident or tenant. When arranging to meet a resident for an outdoor visit, you may want to bring additional chairs due to limited available seating.

Continued on back



What's still in place

- **Indoor visitors are still restricted at all GEF lodges and the combined sites.** When a resident needs help with essential care needs like meals and baths, they may have one Designated Essential Visitor. Residents can now have an alternate Designated Essential Visitor if their original designate is unable to visit.
- Designated Essential Visitors must complete an AHS screening questionnaire, confirm they are well, have their temperature taken and receive a surgical mask to wear as long as they are in the building.
- Deliveries other than pharmacy and oxygen – like groceries – must be left at the front desk and GEF staff will deliver them to residents.
- GEF Seniors Housing must report any suspected case of COVID-19 to AHS. GEF staff continue to check daily with all lodge residents to ensure they are well and ask them to complete the **AHS Resident Daily Screening Questionnaire**. They must also complete the questionnaire if they leave and re-enter the site.
- Apartment tenants in the combined sites are not required to complete the daily resident questionnaire. However, if they use lodge services like meals, they must complete the **AHS Staff and Visitor Screening Questionnaire** whenever they visit the lodge for meals.
- All residents and tenants should monitor their health and check daily for any new symptoms.
- If a resident or tenant has symptoms, they are asked to self-isolate in their unit and telephone the site office immediately.
- If AHS confirms a case of COVID-19 in one of our lodges, your GEF site staff will immediately report this information to all staff, residents and family of the residents in the building.
- Wash your hands often and preserve physical distance of at least six feet or two metres of distance between you and other people at all times.

Handy reference links

- Meals on Wheels: pre-packaged meals or grocery shopping; 780-429-2020.
- Alberta Health Services: www.albertahealthservices.ca
- Government of Alberta: www.alberta.ca/COVID19
- Government of Canada: www.canada.ca/en

If you have any questions, please contact your site office.

*A key to improving your mood is to increase your activity.
This allows for positive things to happen, which improves your mood.
(Text4Hope)*

If you haven't already done so, you can sign up to receive daily text messages of encouragement and inspiration by **texting COVID19HOPE to 393939**.

Please see previous GEF information bulletins you have received for other important information, or **[visit the GEF Seniors Housing website](#)**.